

# The Guitarist's Way Book 1



## mp3 tracklist

Each piece and backing track has a 2 bar introduction  
Pieces marked in **bold** have a backing track.

### Tracks from Book 1

- |    |                                    |    |                                       |
|----|------------------------------------|----|---------------------------------------|
| 1  | Tuning strings 1,2 &3              | 37 | Ex 23 La Bergamasca                   |
| 2  | Tuning strings 4,5 &6              | 38 | <b>Ex 23 La Bergamasca</b>            |
| 3  | Ex 1 Open Strings                  | 39 | Ex 25 German Folk Song                |
| 4  | <b>Ex 1 Open Strings</b>           | 40 | Ex 26 Right Hand Thumb                |
| 5  | Ex 2 Open Strings                  | 41 | <b>Ex 25/26 German Folk Song</b>      |
| 6  | <b>Ex 2 Open Strings</b>           | 42 | Ex 27 Bugle Calls PN                  |
| 7  | Ex 3 Open Strings                  | 43 | <b>Ex 27 Bugle Calls PN</b>           |
| 8  | <b>Ex 3 Open Strings</b>           | 44 | Ex 28 In the Moonlight                |
| 9  | Ex 4 Prelude JW                    | 45 | Ex 29 First String melody             |
| 10 | <b>Ex 4 Prelude JW</b>             | 46 | <b>Ex 29/28 In the Moonlight</b>      |
| 11 | Ex 5 & 6 Notes on string three     | 47 | Ex 30 Good King Wenceslas             |
| 12 | <b>Ex 5,6,9,10, Drunken Sailor</b> | 48 | <b>Ex 30 Good King Wenceslas</b>      |
| 13 | Ex 7 Three Notes                   | 49 | Ex 31 Aunt Rhody                      |
| 14 | Ex 8 Folk Song                     | 50 | <b>Ex 31 Aunt Rhody</b>               |
| 15 | <b>Ex 8 Folk Song</b>              | 51 | Ex 32 The Tallis Canon                |
| 16 | Ex 9 & 10 Notes on string two      | 52 | <b>Ex 32 The Tallis Canon</b>         |
| 17 | Ex 11 Up from G                    | 53 | Ex 33 Oh when the Saints              |
| 18 | Ex 12 The Fiddler JW               | 54 | <b>Ex 33 Oh when the Saints</b>       |
| 19 | <b>Ex 12 The Fiddler JW</b>        | 55 | Ex 34 In the Deep                     |
| 20 | Ex 13 Waltz                        | 56 | <b>Ex 34 In the Deep</b>              |
| 21 | <b>Ex 13 Waltz</b>                 | 57 | Ex 35 Needing a Rest JW               |
| 22 | Ex 14 Dutch Folk Song              | 58 | <b>Ex 35 Needing a Rest JW</b>        |
| 23 | <b>Ex 14 Dutch Folk Song</b>       | 59 | Ex 36 Jungle JW                       |
| 24 | Ex 15 Chinese Tune JW              | 60 | <b>Ex 36 Jungle JW</b>                |
| 25 | Ex 16 Duet part JW                 | 61 | Ex 37 Fingers & Thumb                 |
| 26 | <b>Ex 15/16 Chinese Tune JW</b>    | 62 | <b>Ex 37 Fingers &amp; Thumb</b>      |
| 27 | Ex 17 Merrily                      | 63 | Ex 38 Song of the Mountains PN        |
| 28 | <b>Ex 17 Merrily/Ex 19 Study</b>   | 64 | <b>Ex 38-40 Song of the Mountains</b> |
| 29 | Ex 18 Morning Mood                 | 65 | Ex 41 Carnival PN                     |
| 30 | <b>Ex 18 Morning Mood</b>          | 66 | <b>Ex 41 Carnival PN</b>              |
| 31 | Ex 19 Study                        | 67 | Ex 42 Spanish Dance JW                |
| 32 | Ex 20 The Ladder                   | 68 | <b>Ex 42 Spanish Dance JW</b>         |
| 33 | Ex 21 At the Show PN/JW            | 69 | Ex 43 Ukraine Folk Song PN            |
| 34 | <b>Ex 21 At the Show PN/JW</b>     | 70 | <b>Ex 43 Ukraine Folk Song PN</b>     |
| 35 | Ex 22 The Star                     |    |                                       |
| 36 | <b>Ex 22 The Star</b>              |    |                                       |

For more recordings and a brochure visit [www.alisonbendy.com](http://www.alisonbendy.com)  
By permission of Holley Music

Music composed by Peter Nuttall (PN) & John Whitworth (JW)  
Backing tracks composed & recorded by Oli Whitworth  
Guitar played by Alison Bendy © Alison Bendy 2008